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This Holiday Season, It's Time For The Government To Stop Dictating The Food Choices Of The Poor

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They say beggars can't be choosers, but in our nation of plenty, we can and should do better than that.

Holiday scenes of soup kitchens and ham giveaways are our yearly reminder of the vast disparities in economic security among Americans, and our differing abilities to meet our health and nutrition needs. Too many families cannot confidently predict when, where, or how their next meal will come. According to the USDA, roughly 10% of U.S. households meet this criteria for "food insecurity."