



**SCHOLARS**  
STRATEGY NETWORK

## **Trans Moms Discuss Their Unique Parenting Challenges During the Pandemic – And What They Worry About When Things Go Back to ‘Normal’**

**Derek P. Siegel**, Old Dominion University

Between [25% and 50%](#) of transgender adults in the U.S. have children. Some have kids before coming out as trans, others adopt or foster, and some use egg or sperm cells they've frozen – usually before starting hormone replacement therapy.

As a sociologist who studies [inequality and reproduction](#), I noticed that there are few discussions of how trans people – particularly [trans women](#) – experience parenthood. So in the midst of the COVID-19 pandemic, I interviewed 50 transgender women – both current and prospective parents – from across the country and from diverse racial and class backgrounds.